

First Annual Talk-a-thon

The first annual Conversations to Remember Talk-athon officially begins today! Participants have been registering and fundraising for a few weeks already, with more than \$10,000 raised towards the final goal of \$100,000 for the organization.



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Fighting Holiday Loneliness

For many people, December symbolizes the start of the holiday season, bringing with it the joy of good food and cheerful times with friends and family. But for many others, the holiday season is a reminder of their loneliness and isolation.

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Volunteer Spotlight

Aaron Lefkowitz was only 16 when he started calling residents at an assisted living community during the COVID 19 lockdown.

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Community Spotlight

"I get to have fun all day," Sydney Malmin, Arbor Village at Hillcrest Senior Living's Vibrant Life Director

said about her day-today work.

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